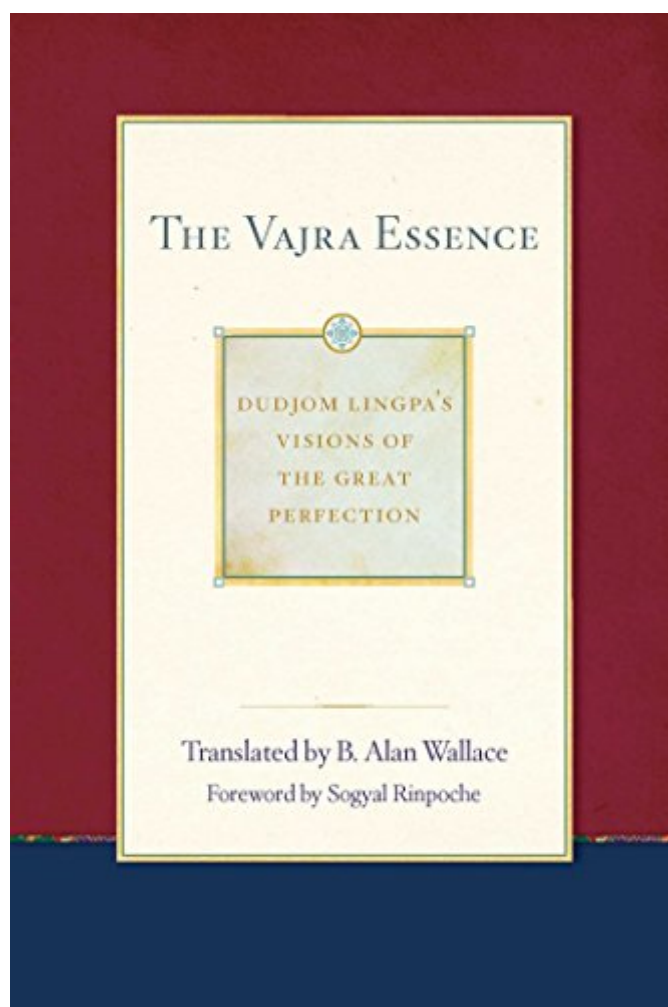


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The Vajra Essence (Dudjom Lingpa's Visions Of The Great Per Book 3)



Synopsis

A systematic presentation of the path of Dzogchen, the Great Perfection, by one of its most renowned proponents and rendered by a master translator. Dāḥfāḥ djom Lingpa (1835–1904) was one of the foremost tantric masters of nineteenth-century Tibet, and his powerful voice resonates strongly among Buddhist practitioners today. The Vajra Essence is Dāḥfāḥ djom Lingpa's most extended meditation on the path of Great Perfection, in many senses a commentary on all his other Dzogchen works. Dzogchen, the pinnacle of practice in the Nyingma school, is a radical revelation of the pure nature of consciousness that is delivered from master to disciple and perfected in a meditation that permeates every moment of our experience. Revealed to Dāḥfāḥ djom Lingpa as a visionary "treasure" text in 1862, the Vajra Essence takes the reader through seven stages of progressively deeper practice, from "taking the impure mind as the path" up to the practice of "direct crossing over" (tāḥfāḥgal). The longest of Dāḥfāḥ djom Lingpa's five visionary works on Dzogchen, readers will find this a rich and masterful evocation of the enlightened experience. This is the first translation of this seminal work in any Western language, and B. Alan Wallace, with his forty-five-plus years of extensive learning and deep meditative experience, is one of the most accomplished translators of Tibetan texts into English.

Book Information

File Size: 3594 KB

Print Length: 360 pages

Publisher: Wisdom Publications (July 25, 2017)

Publication Date: July 25, 2017

Sold by: Amazon.com Services Inc.

Language: English

ASIN: B01MY22XEF

Text-to-Speech: Not enabled

X-Ray: Not Enabled

Word Wise: Not Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #116,857 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #23

in Kindle Store > Kindle eBooks > Religion & Spirituality > Buddhism > Sacred Writings #38

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The writings of Dudjom Lingpa are true treasures. They offer unparalleled guides for understanding the mind and developing awareness and transcendent compassion.

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